

# COUNSELOR

## REFERRALS

**Part of the difficulty is knowing where to turn for help. This is a list of trusted and qualified clinical therapists and therapy centers.**

### GENERAL COUNSELING (ALL AREAS)

- **Woodhaven Counseling** // [www.woodhavencounseling.com](http://www.woodhavencounseling.com) // 402-592-0328
- **Holli Younker-Schiffers** // [Online Profile](#) // 402-433-6836
- **The CORE Omaha** // [www.thecoreomaha.com](http://www.thecoreomaha.com) // 402-763-1808
- **CityCare Counseling** // [www.citycarecounseling.org](http://www.citycarecounseling.org) // 402-916-9421
- **Great Oaks Counseling** // [www.greatoakscounseling.com](http://www.greatoakscounseling.com) // 402-932-6500
- **New Leaf Therapy** // [www.newleaftherapyassociates.com](http://www.newleaftherapyassociates.com) // 402-884-1004
- **GracePoint Institute for Regional Health** // [www.relationalhealth.org](http://www.relationalhealth.org) // 402-614-6287
- **The Cord** // [www.thecordco.com/about-omaha](http://www.thecordco.com/about-omaha) // 402-256-7913
- **Matt Jackson** // [www.integropsychiatry.com/matt-jackson](http://www.integropsychiatry.com/matt-jackson) // 402-933-5700
- **Well With My Soul Counseling** (Kendal Robertson) // [kendal.r.robertson@gmail.com](mailto:kendal.r.robertson@gmail.com) // 402-522-6802
- **Daniel Kiser** // [www.triplecordcounseling.com](http://www.triplecordcounseling.com) // 531-239-4887

### WOMEN'S

- **Lori Zoucha Counseling** // [www.lorizouchatherapy.com](http://www.lorizouchatherapy.com) // 402-639-0569
- **Jen Bowes** // [www.nebraska117.com/counseling](http://www.nebraska117.com/counseling) // 402-990-6090
- **Alexandra Renee Counseling** // [www.alexandrareneecounseling.com](http://www.alexandrareneecounseling.com)
- **Truth and Restoration Counseling** // [www.truthandrestoration.com](http://www.truthandrestoration.com) // 402-413-1331
- \* **Women's Center for Advancement** // <https://wcaomaha.org/> 402-345-6555
  - \*For women who are are experiencing domestic violence, trafficking, or exploitation
- **24/7 Domestic Abuse Crisis Hotline** // 402-345-7273

### MEN'S

- **Kyle Mabus** // [www.mabuscounseling.com](http://www.mabuscounseling.com)
- **Brian Hoffsommer** // [www.sites.google.com/site/brianhofsommermft](http://www.sites.google.com/site/brianhofsommermft) // 402-296-8273
- **Truth and Restoration Counseling** // [www.truthandrestoration.com](http://www.truthandrestoration.com) // 402-413-1331

## MARRIAGE

- **Woodhaven Counseling** // [www.woodhavencounseling.com](http://www.woodhavencounseling.com) // 402-592-0328
- **Brian Hoffsommer** // [www.sites.google.com/site/brianhofsommermft](http://www.sites.google.com/site/brianhofsommermft) // 402-296-8273
- **David Muench** // [www.relationalhealth.org/team.html](http://www.relationalhealth.org/team.html) // 402-614-6287
- **Brian Tipton** // [www.tiptoncounseling.com](http://www.tiptoncounseling.com) // 402-383-2973
- **Jen Bowes** // [www.nebraska117.com/counseling](http://www.nebraska117.com/counseling) // 402-990-6090
- **Lori Zoucha Counseling** // [www.lorizouchatherapy.com](http://www.lorizouchatherapy.com) // 402-639-0569
- **Truth and Restoration Counseling** // [www.truthandrestoration.com](http://www.truthandrestoration.com) // 402-413-1331

## KIDS

- **Woodhaven Counseling** // [www.woodhavencounseling.com](http://www.woodhavencounseling.com) // 402-592-0328
- **Tree of Hope Therapy Group** // [www.treeofhopetherapygroup.com](http://www.treeofhopetherapygroup.com) // 402-881-0448
- **Hillary Chaney** // [Online Profile](#) // 402-253-0687
- **Play Therapy Omaha** // [www.playtherapyomaha.com](http://www.playtherapyomaha.com) // 402-709-8338
- **Lost and Found Teens Grief Support Group** // [www.lostandfoundteens.com](http://www.lostandfoundteens.com)

## TRAUMA / ATTACHMENT

- **Woodhaven Counseling** // [www.woodhavencounseling.com](http://www.woodhavencounseling.com) // 402-592-0328
- **Holli Younker-Schiffers** // [Online Profile](#) // 402-433-6836
- **Tree of Hope Therapy Group** // [www.treeofhopetherapygroup.com](http://www.treeofhopetherapygroup.com) // 402-881-0448
- **The Cord** // [www.thecordco.com/about-omaha](http://www.thecordco.com/about-omaha) // 402-256-7913
- **Attachment & Trauma Center of Nebraska** // [www.atcnebraska.com](http://www.atcnebraska.com) // 402-403-0190

## FREE / REDUCED COST

- **One World Health** // [www.oneworldomaha.org/for-patients/services-programs/behavioral-health](http://www.oneworldomaha.org/for-patients/services-programs/behavioral-health) // 402-734-4110
- **Lutheran Family Services** // [www.onelfs.org/behavioral-health](http://www.onelfs.org/behavioral-health)
- **UNO Counseling Center** // [www.unomaha.edu/counseling-and-psychological-services/index.php](http://www.unomaha.edu/counseling-and-psychological-services/index.php) // 402-554-4882