

T.A.R.G.E.T. METHOD BIBLE STUDY

The T.A.R.G.E.T. Method

The T.A.R.G.E.T. Method of Bible study is a great way to get the most out of your Bible reading. This method can be done by mentally going through each step, however it is primarily best to use a journal.

Here's how it works:

T *(which stands for TIME)*

- Pick a time and location that allows for the most focus and least distraction.
- Mornings work great if you can pull it off (a good rule of thumb is “Don’t go digital until you’re done”. Meaning try not to even look at your phone until after you’ve spent time in God’s Word.
- For the night owls, the evening hours may be your best option. Pick a time that works for you.

A *(which stands for ASK)*

- Spend some time in prayer asking the Holy Spirit to reveal the text to you.
- You are the one doing the reading and it’s the Holy Spirit that does the illuminating and revealing.

R *(which stands for READ)*

- Read the verse, passage, or chapter thoroughly.
- Choose a portion of text that is manageable. Too short and you risk missing the larger meaning, too long and you risk missing the application for your life.
- Following a Bible reading plan is helpful because it takes the guessing out of it and keeps you on schedule.

G *(which stands for GATHER)*

- Gather additional information by reading corresponding verses using a concordance, Study Bible notes, commentaries, and other biblical support material.

- What do you see in the verses you're reading? Who is the audience? Is there a repetition of words? What words stand out to you? What is the main lesson or theme?

E *(which stands for ENGAGE)*

- This is when God's Word becomes personal. Try to answer questions like: What is God saying to me today? How can I apply what I just read to my life? Are there any changes I need to make?

T *(which stands for THANK)*

- If God has revealed something to you during this time in His Word, write it down and pray about it. Thank Him for the time spent in His Word.
 - Take time to thank Him for His goodness in your life.
- Again, journaling isn't a necessity... choosing to read the Bible without journaling is still better than not reading the Bible!



Get it?
Target Method...
Arrows Church...
See what we did there?

